

MR MIKES MERRITT BC

HOURS

11:30 am - 10:00 pm	Monday
11:30 am - 10:00 pm	Tuesday
11:30 am - 10:00 pm	Wednesday
11:30 am - 11:00 pm	Thursday
11:30 am - 11:00 pm	Friday
11:30 am - 11:00 pm	Saturday
11:30 am - 10:00 pm	Sunday

ADDRESS
3969 Crawford Ave, Merritt, BC V1K 0A4, Canada

CONTACT
Email: merritt@mrmikes.ca
Phone: 250-315-2364

MR MIKES
SteakhouseCasual

GAME ON

8 Beers on Tap | Daily Specials
Select your Sports Channel

3701 De Wolf Way
Give us a Call
or
Check our Menu:

250.378.1022
gameonsports.bar

Sunday - Wednesday: 11:00 am - 9:00 pm
Thursday - Saturday: 11:00 am - 10:00 pm

FOOD FOR THOUGHT
ART SHOW

OVER 20 ARTISTS

June 30 - August 7, 2022
Reception Friday, July 15, 4-7pm

Come visit the gallery at the Nicola Valley Arts Centre

the Arts Council
Nicola Valley Community Arts Council

HOURS: Wed to Sat 10am - 5pm, Sun 12-4pm
2051 Voght St, Enter beside Kikau Cafe

SUNDAY - THURSDAY: 9am - 9pm
FRIDAY & SATURDAY: 9am - 10 pm

2101 QUILCHENA AVE
250 378 0450

SHOW US THIS VOUCHER
AND YOUR WRISTBAND
FOR 10% OFF YOUR PURCHASE

UNITY CANNABIS

MIGHTY JOE'S
HEALTH & WELLNESS

Natural Healthcare Products Gluten-Free Snacks from:

Natural Factors	Glutino
Purica	Chimes
New Roots	Pamela's
Organika Ultimate	Prana
A.Vogel	Three Farmers
Dr Bronners	Lilys
Island Essentials	Zimt
Prairie Naturals	WOW Gluten free cookies
North American Hemp Co.	GoMacro bars
Sukin	
Druid	

And so many more! **And other Vegan treats!**

1998 Quilchena Ave. PO Box 369
Merritt, BC V1K 1B8

250-378-5584
mightyjoeshealthandwellness@gmail.com

Mughal Garden
Restaurant

*"Cooking is an art,
which originates from the heart."*
-Shinda Cheema, Owner

Curry | Lassai | Sweets | Chai | Pakoras

Menu available at:
mughalgardenmerritt.ca

Call Now to Order:
250.378.2254

Tues-Sun | 10-10
2350 VOGHT STREET

Grab a Bite

- 1. Mister Mike's
- 2. Game on Pub
- 3. Dairy Queen
- 7. Mughal Garden
- 10. Yaki Joe's Pizza
- 11. Empty Keg
- 13. Grand Pub & Grill
- 15. Mongo's Grill
- 14. Kekuli Cafe
- 22. UK Spice
- 23. The Social Lounge
- 26. Mighty Joe's
- 30. Coco's Sushi
- 32. Mandolin's

Groceries & Retail

- 5. No Frills
- 6. Snake Oil Ent.
- 21. Lemonade Stand
- 33.378 Board Shop
- 34. Doctor's Eyecare
- 28. Spanner & Webb
- 29. Fields
- 35. Merritt Toys & Games

See the Sights Smell the Roses

- 8. Curling Club
- 9. Frank's Mechanical
- 10. Aquatic Centre
- 16. Merritt Herald
- 17. Earthwalker
- 18. Quilchena Cannabis
- 19. Olde Barley Market
- 24. Vikki's Petals & Plants
- 25. Carrie Ware, CPA
- 33. CFDCNV
- 27. Food Bank
- 31. Museum & Archive
- 12. Art Gallery
- 34. Unity Cannabis



The Social Lounge
Salon and Coffee Shop

Menu & Online Order:

Call/Text: 250-280-2985
1938 Quilchena Ave.

Why Compromise?
Grab a drink from our coffee / smoothie bar
while you get your hair cut!

Weekly Special:
Roses

Single Rose, Wrapped
\$4.95

Rose, Baby's Breath
& Greens Bouquet
\$9.95

Miss Vicki's
Petals & Plants
Flower Shop

@missvickispetalsandplants

2052B Quilchena Ave., Merritt BC
250-378-5575

Community Music in the Park
Music in the park starts again this week, each Thursday at Rotary park 6-8pm. BYO chairs. July 7 features *Heartbeat of the Nicola Valley*; July 14 it's *Out-laws & Lace*; July 21 has *The Doug James Band*; and July 28 - *Atlas*.

Quilchena Street markets
Next Quilchena St market will be held July 9, 9:30am-2pm, also on July 30 & Aug 20. FMI & to register: www.merrittchamber.com/blog

Community Airport Day
Fly in, or drive to the Merritt Community Airport Day and celebrate aviation in the valley — July 16, 10am-3pm at the Saunders Field. FMI 250-936-8250.

Pop-up market @ NV Memorial Arena
The City of Merritt will be having a pop-up market at the Nicola Valley Memorial Arena July 16, 10am-2pm. This is a great place to buy and sell local fruits, vegetables, baking, gifts, and more. If you are interested in being a vendor, please check www.merritt.ca for applications.

The Good and the Bad I finally quit drinking for good... Now I'm just gonna drink for evil.

A Senior's Poem I used to be an owner. Now I'm a renter. I used to go to the bars. Now I go to the senior center!

Bored With Retirement I was not ready for retirement and was looking for a new adventure. So I decided to take up FENCING. My neighbors have threatened to call the police if I don't put it back.

MERRITT MORNING MARKET

New Hours:
9am-9pm 7 days/week

Come Visit Us!
3320 River Ranch Road

or Order Online:
mybuddiescanada.com

MY BUDDIES CANNABIS CO.

BREATHE BIKES

Monday-Saturday:
9am-5pm

1960 Quilchena Ave

Check us out for:
Rentals
Repairs
Tune-Ups

Breathe Bikes Trail Of the Day:
Tom Lacey Trail

Difficulty: Easy
Suitable for: Hiking
Length: 4.9km
Elevation Gain: 820m